

Highland Park ISD is taking an extra step to protect your child by providing cardiovascular testing to all student-athletes on May 10, 2025.



Why is this testing necessary?

Sudden Cardiac Arrest (SCA) is caused by an abnormality in the heart's electrical system or structure that abruptly stops the heartbeat. SCA is the leading cause of death to athletes on school campuses, with the American Heart Association stating a young athlete dies from SCA every three days in the United States. In 80% of these cases, these athletes had all been cleared for athletics with no signs of concern in their routine physical exams. Even after being cleared, there were no warning signs or symptoms leading up to sudden cardiac arrest. Our cardiovascular testing is designed to detect any signs of cardiac conditions that are normally not visible.

What is involved in the testing?

CAPPOHealth will perform an EKG, Echocardiogram and Vascular Ultrasound to detect abnormalities and signify whether or not your child is at risk for a cardiac episode. They will identify any life-threatening conditions common to athletes (such as Myocarditis, HCM, blood clots and DVTs). All tests are non-invasive, and the privacy and safety of your child is always maintained. All three tests will take under an hour, and they are done on school grounds.

Is there any cost to this testing?

There are **no upfront costs** for this testing. CAPPOHealth will bill your health insurance carrier, accepting what your carrier deems usual and customary. As required by law, your insurance will bill for any deductible or co-insurance owed, if applicable. If you receive a bill after testing, we include a Waiver of Financial Responsibilities families may sign and return should they financially qualify. There are several circumstances that would waive any balance due for this testing (including saving for college). **Please be aware that if you have an HSA, FSA, or HRA account, funds may automatically be deducted if a balance is due.**

For all billing inquiries, we encourage you to call our offices at (833) 244-5700 where our team can answer any questions you have.

To register for cardiovascular diagnostic testing, please visit the appointment page using the URL:

cappo.myathletictesting.com

Please fill out consent forms electronically [here](#)

Highland Park continues to remain committed to doing everything we can to help keep your athletes safe while they are here with us. Please do not hesitate to contact me with any questions. Direct: 561.931.3535

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